

*Week 3 F&W*  
*Day Monday*

# *Breakfast*

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CREAM OF WHEAT

FRUIT JUICE

HARD BOILED EGG

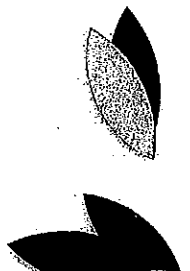
BUTTERED WHEAT TOAST

OR

ASSORTED COLD CEREALS

HONEYDEW MELON

PEANUT BUTTER



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## ***Lunch***

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**SPLIT PEA SOUP**

**BEEF SAUSAGE**

**HASH BROWN POTATOES**

**GLAZED BABY CARROTS**

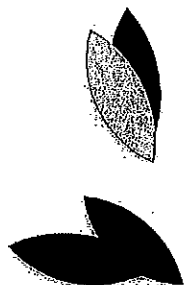
**STEWED RHUBARB**

**OR**

**EGG SALAD SANDWICH**

**MARINATED VEGETABLE SALAD**

**CHOCOLATE PUDDING**



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# *Dinner*

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PORK TOURTIERE

GARLIC MASHED POTATOES

BRAISED RED CABBAGE

ROLL

MANGO & PINEAPPLE

OR

SPAGHETTI AND MEATBALLS

ITALIAN MIX VEGETABLES

BUTTER TART

